



COUNCIL FOR THE INDIAN SCHOOL CERTIFICATE EXAMINATIONS

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Chief Executive & Secretary

GERRY ARATHOON

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CISCE/CIR/2020

March 6, 2020

To: Heads of all CISCE Affiliated Schools

Subject: Basic preventive measures against Novel Coronavirus (COVID-19)

Dear Principal

I write with reference to the cases of Novel Coronavirus (COVID-19) being reported from the various parts of the country.

The schools are requested to create awareness among students, parents, teachers and other stake holders regarding the basic protective measures to be taken to stay away from the COVID-19.

The measures to be taken to prevent yourself and others from getting infected by the virus, as suggested by the Ministry of Human Resource Development, Government of India and the World Health Organization are:

- Wash hands frequently with an alcohol-based hand sanitiser / soap and water.
- Avoid touching eyes, nose and mouth.
- Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.
- Avoid public gatherings.
- Use handkerchief / tissue over mouth while coughing/sneezing.
- Stay away from school when sick.
- Seek medical help if you have fever, cough or difficulty in breathing.
- Stay informed and follow advice given by your doctor.
- Wear a mask if you are coughing or sneezing. Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand sanitizer / soap and water.

In light of the ongoing Board Examinations, the Centre Heads are requested to make available hand sanitisers / soap and water at the Examination Centres located in their schools.

I am sure all of us together shall do everything possible to stay safe and healthy in the present situation.

With warm regards,

Yours sincerely,

Gerry Arathoon
Chief Executive & Secretary