

YOGA (84)

BIFURCATED SYLLABUS

(As per the Reduced Syllabus for ICSE - Class X Year 2022 Examination)

SEMESTER 1 <i>(Marks: 50)</i>		SEMESTER 2 <i>(Marks: 50)</i>	
UNIT NO.	NAME OF THE UNIT	UNIT NO.	NAME OF THE UNIT
I.	HUMAN BIOLOGY	I.	HUMAN BIOLOGY
1.	The Nervous System	4.	The Excretory System
2.	The Endocrine System		
3.	The Circulatory System		
II.	SAGES OF INDIA <i>(Complete Section)</i>	III.	THE YOGA SUTRAS OF PATANJALI <i>(Complete Section)</i>
		IV.	SOME IMPORTANT SCHOOLS OF PHILOSOPHY AND SOME SUTRAS <i>(Complete Section)</i>